HOW TO USE

YOUR DIGITAL PLANNER

TAP TO NAVIGATE

Side tabs open each year and each month.
Top tabs open the month view and every week of that month.
On a year page, tap a month name or any date.
On a month page, tap any date to open that week.
On a weekly spread, tap the month name to go back.

GOODNOTES

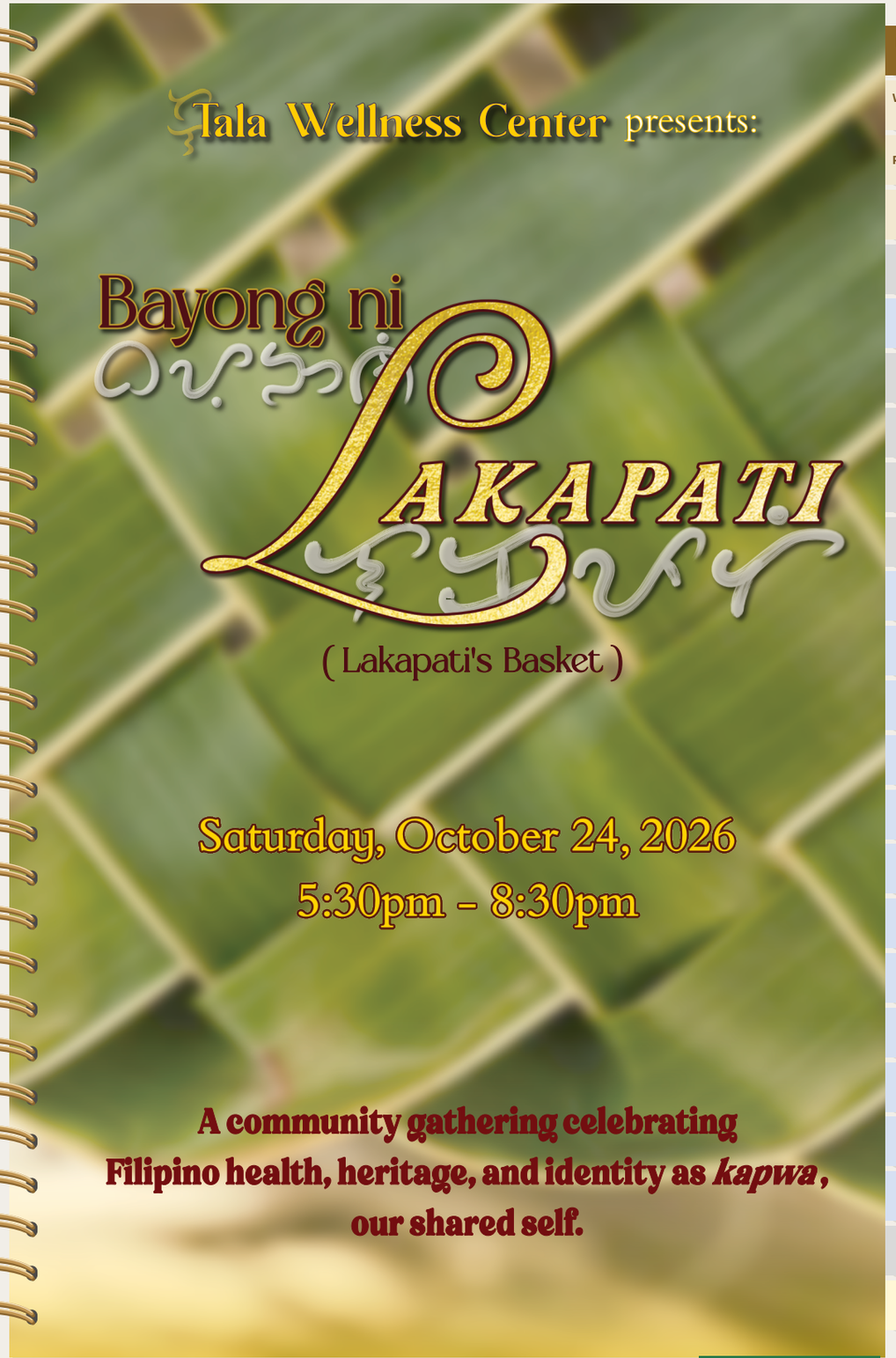
1. Tap the crossed-out pen icon to turn on Read-Only mode.
2. Tap a tab or date to jump to that page.
3. Tap the icon again to turn Read-Only off and write.

NOTABILITY

1. Tap the hand or select tool.
2. Tap a tab or date to jump to that page.
3. Tap your pen or highlighter again and write.

SUPPORT OUR SPONSORS

The DIR tab opens our sponsor directory. Phone numbers, websites, and QR boxes are tappable, so you can call or visit a sponsor right from your planner.



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Tala Acupuncture

Guiding you back to balance

Dr. Cristina CA Reyes, DACM, LAc

LICENSED ACUPUNCTURIST · QUEENS, NY

Let's find your balance

@tala.acu

hello@talaacupuncture.com

SCAN ME

MALIGAYANG PAGDATING

Welcome to *Bayong ni Lakapati*

A bayong is the woven basket our lolas carried to the palengke. It holds what we gather and brings it home to share. Tonight, this room is our bayong.

Bayong ni Lakapati is a community gathering celebrating Filipino health, heritage, and identity as *kapwa*, our shared self. We carry the name of Lakapati, the Tagalog deity of fertility and abundance, who fed her people and was honored as a gender-fluid, life-giving force. In her spirit, we come together to remember that our ancestors had their own ways of healing, long before anyone told us where wellness was supposed to come from.

Through the wisdom of the Babaylan, the breath of Baybayin, the essence of Hilot, a Mental Health conversation, and LGBTQ+ affirmation and community care, we honor the knowledge carried by our elders and keep it alive for those who come after us.

This planner is part of that basket. Every page was made possible by the Filipino businesses and friends who sponsored it. Carry it with you through the year ahead, and let it remind you that you belong to something bigger than yourself.

Salamat sa pagdalo.

Thank you for being here.

TALA WELLNESS CENTER

Saturday, October 24, 2026

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PALATUNTUNAN

The Evening's Program

Bayong ni Lakapati

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PAGBUBUKAS *Opening*

Welcome
Jorna L. Tolosa

Tea Ceremony
Sockie Laya-Smith

USAPAN *Conversations*

hosted by Jorna L. Tolosa

Wisdom of the Babaylan · Breath of Baybayin
Sockie Laya-Smith and Panday Banale

Filipino Hearts, Filipino Minds: Mental Health
Suzette Millare

Sing-Along *"Tuwing Umuulan"*
Javin Garcia

LGBTQ+ Care and Affirmation
Felicia Pless

The Essence of Hilot
Dayang and Cristina Reyes

PAGHILOM *Healing Circle*

Earseeding | **Meditation** *Sockie Laya-Smith* | **Sound Healing** *Panday Banale*

PAGTATAPOS *Closing*

Awit ng Pasasalamat
a song of gratitude, sung together

TALA WELLNESS CENTER
Saturday, October 24, 2026 · 5:30 to 8:30 PM

MGA TAGAPAGSALITA · *Our Presenters*

Mga Tagapagsalita

Our Presenters

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The voices, hands, and hearts who fill tonight's bayong.



Sockie Laya-Smith
RN
Tea Ceremony · Wisdom of the Babaylan · Meditation



Panday Banale
AADP
Breath of Baybayin · Sound Healing



Chef Suzette G. Millare
LCSW-R
Filipino Hearts, Filipino Minds: Mental Health



Javin Garcia
Sing-Along · "Tuwing Umuulan"



Felicia Pless
RN, BSN, CHN
LGBTQIA+ Care and Affirmation



Dayang
The Essence of Hilot



Dr. Cristina CA Reyes
DACM, LAc
Dreamer of the Gathering · The Essence of Hilot



Jorna L. Tolosa
Voice of the Gathering · Interviewer and MC



Teenah Reyes
Guardian of the Gathering · A/V

Bayong ni Lakapati • TALA WELLNESS CENTER

MGA TAGAPAGSALITA · *Our Presenters*



Sockie Laya-Smith, RN

Tea Ceremony · Wisdom of the Babaylan · Meditation

Sockie Laya-Smith is a healing facilitator, educator, and longtime community organizer whose life has been dedicated to collective care and liberation. For twelve years she organized students, farmers, journalists, and women in the underground movement against the Marcos dictatorship, and served as a "barefoot doctor" in Central Luzon. She later trained organizers for Gabriela and other Philippine women's and children's groups.

Her healing path began as a young assistant to her father, an acupuncturist trained in China. Today she is a supervising RN, a Reiki Teaching Master of White Light and Karuna Reiki, a Theta Healing practitioner, a certified hypnotherapist, and a cacao healing facilitator. Tonight she opens our evening with a tea ceremony, shares the wisdom of the Babaylan, and guides our meditation.

Bayong ni Lakapati · TALA WELLNESS CENTER

MGA TAGAPAGSALITA · *Our Presenters*



Panday Banale, AADP

Breath of Baybayin · Sound Healing

Panday Banale is a New York City goldsmith, photographer, filmmaker, leathersmith, and queer activist who reclaims Filipina identity through Baybayin, the ancient script of the Philippines, in her custom jewelry, leather goods, and art. She is one of the co-founders of Kilawin Kolektibo, New York's first Filipina lesbian socio-political organization, and was photographer and archivist for the documentary *Because of You: A History of Kilawin Kolektibo*.

A White Light and Karuna Reiki Master/Teacher and Ayurveda Holistic Health Counselor, she leads tonight's sound healing.

✦ *Find Panday Banale's handmade leather goods and Baybayin art in our sponsor pages and at urduja.com.*

Bayong ni Lakapati · TALA WELLNESS CENTER

MGA TAGAPAGSALITA · *Our Presenters*



Chef Suzette G. Millare, LCSW-R

Filipino Hearts, Filipino Minds: Mental Health

Chef Suzette G. Millare is a New York and New Jersey Licensed Clinical Social Worker with over 20 years of experience supporting individuals and families through anxiety, trauma, stress, and life transitions. Drawing on years in community outpatient mental health clinics, she offers personalized care through her private practice, Remind Therapy, with a compassionate, culturally sensitive, client-centered approach. She is also a White Light Reiki Master/Teacher and a 2nd Degree Karuna Reiki practitioner.

A French-trained chef, she channels her passion for health and heritage into her catering business, Le Fil, creating nourishing, health-focused meals designed to bring people together. She believes in the power of both therapy and food to foster connection and resilience, and sees healthy relationships with family, friends, colleagues, and community as essential pillars of well-being.

✦ *Find Remind Therapy and Le Fil in our sponsor pages.*

Bayong ni Lakapati · TALA WELLNESS CENTER

MGA TAGAPAGSALITA · *Our Presenters*



Javin Garcia

Sing-Along · "Tuwing Umuulan"

Javin has spent more than fifteen years in healthcare administration, but his heart has always been in bringing people together. An avid cook and a lover of song, he gathers friends around good food and good music, and he loves exploring the city on long walks. Tonight he leads us in singing "Tuwing Umuulan."

♫ *Javin dedicates his performance to his late mother, Ma. Victoria Azcona.*

Bayong ni Lakapati · TALA WELLNESS CENTER

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MGA TAGAPAGSALITA · *Our Presenters*



Felicia Pless, RN, BSN, CHN

LGBTQIA+ Care and Affirmation

Felicia Pless is a community health nurse, spiritual midwife, queer mama, 3rd Degree White Light Reiki practitioner, and land tender at Wayawaya Healing Home. Their work weaves LGBTQIA+ advocacy, trauma-informed care, ancestral healing, and community wellness. Through a harm reduction, un-colonizing, and empowerment lens, they create safer spaces where people can remember their unique power, reclaim belonging, and transform and thrive as their fullest selves.

Bayong ni Lakapati · TALA WELLNESS CENTER

MGA TAGAPAGSALITA · *Our Presenters*



Dayang

The Essence of Hilot

Born in the Philippines and raised on the East Coast, Dayang is a Hilot Ablon Manual Medicine Practitioner and a founding member of Ulirat Gatherings. She has practiced hilot for the past six years, learning from many teachers and elders, and recently returned after a year living in Palawan. Her lived experiences as a transbian, a youth organizer, and a cultural artist guide her work as she serves her diaspora here on Turtle Island.

✦ *Find Dayang's hilot practice, Kaïlūkuän, in our sponsor pages.*

Bayong ni Lakapati · TALA WELLNESS CENTER

MGA TAGAPAGSALITA · *Our Presenters*



Dr. Cristina CA Reyes, DACM, LAc

Dreamer of the Gathering · The Essence of Hilot

Dr. Cristina CA Reyes, founder of Tala Wellness Center and owner of Tala Acupuncture, is an East Asian (Chinese) Medicine practitioner, facilitator of healing, and community builder whose work is rooted in deep listening, compassion, treating the whole person, and the belief that no one should have to navigate healing alone. It took studying Chinese medicine for her to realize that Filipinos have always had our own medicine, and that she grew up living it. In Bulacan, her Nanay and Tatay taught their *apos* how to do *hilot*, Nanay whistled to call the wind, Tatay read the sky for rain, and her mom washed her childhood *sugat* with boiled *bayabas* leaves. She never needed a watch to know the time, only the breeze and the sky. The lessons were so woven into daily life that she never knew she was learning.

A White Light Reiki Master/Teacher and a 2nd Degree Karuna Reiki practitioner, she is the dreamer, organizer, and heart behind Bayong ni Lakapati, and is honored to gather community in celebration of culture, healing, and the stories that bring us home to ourselves and each other.

Bayong ni Lakapati · TALA WELLNESS CENTER

MGA TAGAPAGSALITA · *Our Presenters*



Jorna L. Tolosa

Voice of the Gathering · Interviewer and MC

Jorna L. Tolosa is a filmmaker, visual artist, playwright, and storyteller whose work explores connection, healing, and the stories that bring people together. Her first language was crayon, and she has been telling stories in color ever since. Through her creative work and community involvement, she strives to create spaces for meaningful conversation where people feel seen, heard, and welcome. A 2nd Degree White Light Reiki practitioner and part of the Tala Wellness Center leadership team, she is honored to serve as MC and organizer for Bayong ni Lakapati, helping weave together the evening's stories and learning alongside the community.

Bayong ni Lakapati · TALA WELLNESS CENTER

MGA TAGAPAGSALITA · *Our Presenters*



Teenah Reyes

Guardian of the Gathering · A/V

Teenah Reyes is a healthcare professional with a degree in Exercise Science, a graphics print manager, a 3rd Degree White Light Reiki practitioner, and a lifelong dyke-of-all-trades on her way to becoming a chiropractor. She is guided by a passion for helping people feel better in their bodies and more connected to themselves. As part of the Tala Wellness Center leadership team and the A/V tech for the night, she is honored to be one of the hands bringing Bayong ni Lakapati to life, helping the evening unfold with care, connection, and a little behind-the-scenes magic.

Bayong ni Lakapati · TALA WELLNESS CENTER

PASASALAMAT · *Special Thanks*

Taos-pusong Pasasalamat

Special Thanks

To the ones whose love and support helped carry this bayong to the gathering.

OUR MOMMY

Cristy Arada

Alec Litster

Jane Greenberg

John Gallin and Son

Bukas Cafe

Maraming salamat po.

Thank you very much.

Bayong ni Lakapati • TALA WELLNESS CENTER

2026

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	FRIDAY - 6	SATURDAY - 7	SUNDAY - 8	NOTES
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HOW TO USE
WELCOME NOTE
PROGRAM
PRESEN-TERS
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JAN '27
FEB '27
MAR '27
APR '27
MAY '27
JUN '27
JUL '27
AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

NOVEMBER MON-9 TUE-10 WED-11 THU-12 FRI-13 SAT-14 SUN-15

PRIORITIES

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TO-DO LIST

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 9	TUESDAY - 10	WEDNESDAY - 11	THURSDAY - 12	FRIDAY - 13	SATURDAY - 14	SUNDAY - 15	NOTES
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HOW TO USE
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JUN '27
JUL '27
AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

NOVEMBER MON-16 TUE-17 WED-18 THU-19 FRI-20 SAT-21 SUN-22

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 16	TUESDAY - 17	WEDNESDAY - 18	THURSDAY - 19	FRIDAY - 20	SATURDAY - 21	SUNDAY - 22	NOTES
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HOW TO USE
WELCOME NOTE
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JUN '27
JUL '27
AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

NOVEMBER MON-23 TUE-24 WED-25 THU-26 FRI-27 SAT-28 SUN-29

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 23	TUESDAY - 24	WEDNESDAY - 25	THURSDAY - 26	FRIDAY - 27	SATURDAY - 28	SUNDAY - 29	NOTES
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HOW TO USE
WELCOME NOTE
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SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

DECEMBER

2026

DECEMBER

2026

MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4	5	6
7	8	9	10	11	12	13
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21	22	23	24	25	26	27
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IMPORTANT

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WEEK OF

NOVEMBER MON-30 **DECEMBER** TUE-1 WED-2 THU-3 FRI-4 SAT-5 SUN-6

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 30	TUESDAY - 1	WEDNESDAY - 2	THURSDAY - 3
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	FRIDAY - 4	SATURDAY - 5	SUNDAY - 6	NOTES
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HOW TO USE
WELCOME NOTE
PROGRAM
PRESEN-TERS
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JUL '27
AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

DECEMBER MON-7 TUE-8 WED-9 THU-10 FRI-11 SAT-12 SUN-13

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 7	TUESDAY - 8	WEDNESDAY - 9	THURSDAY - 10	FRIDAY - 11	SATURDAY - 12	SUNDAY - 13	NOTES
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HOW TO USE
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MAY '27
JUN '27
JUL '27
AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

DECEMBER MON-14 TUE-15 WED-16 THU-17 FRI-18 SAT-19 SUN-20

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 14	TUESDAY - 15	WEDNESDAY - 16	THURSDAY - 17	FRIDAY - 18	SATURDAY - 19	SUNDAY - 20	NOTES
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HOW TO USE
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JUL '27
AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

DECEMBER MON-21 TUE-22 WED-23 THU-24 FRI-25 SAT-26 SUN-27

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 21	TUESDAY - 22	WEDNESDAY - 23	THURSDAY - 24
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	FRIDAY - 25	SATURDAY - 26	SUNDAY - 27	NOTES
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HOW TO USE
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MAY '27
JUN '27
JUL '27
AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

DECEMBER MON-28 TUE-29 WED-30 THU-31 **JANUARY** FRI-1 SAT-2 SUN-3

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 28	TUESDAY - 29	WEDNESDAY - 30	THURSDAY - 31
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	FRIDAY - 1	SATURDAY - 2	SUNDAY - 3	NOTES
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HOW TO USE
WELCOME NOTE
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JAN '28
DIR

JANUARY

2027

JANUARY

2027

MON	TUE	WED	THU	FRI	SAT	SUN
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4	5	6	7	8	9	10
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IMPORTANT

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HOW TO USE
WELCOME NOTE
PROGRAM
PRESEN-TERS
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OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

JANUARY MON-4 TUE-5 WED-6 THU-7 FRI-8 SAT-9 SUN-10

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 4	TUESDAY - 5	WEDNESDAY - 6	THURSDAY - 7	FRIDAY - 8	SATURDAY - 9	SUNDAY - 10	NOTES
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HOW TO USE
WELCOME NOTE
PROGRAM
PRESEN-TERS
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NOV '27
DEC '27
JAN '28
DIR

« PREVIOUS PAGE
NEXT PAGE »

WEEK OF

JANUARY MON-11 TUE-12 WED-13 THU-14 FRI-15 SAT-16 SUN-17

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 11	TUESDAY - 12	WEDNESDAY - 13	THURSDAY - 14	FRIDAY - 15	SATURDAY - 16	SUNDAY - 17	NOTES
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HOW TO USE
WELCOME NOTE
PROGRAM
PRESEN-TERS
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JUL '27
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SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

JANUARY MON-18 TUE-19 WED-20 THU-21 FRI-22 SAT-23 SUN-24

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 18	TUESDAY - 19	WEDNESDAY - 20	THURSDAY - 21	FRIDAY - 22	SATURDAY - 23	SUNDAY - 24	NOTES
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HOW TO USE
WELCOME NOTE
PROGRAM
PRESEN-TERS
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JUL '27
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SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

JANUARY MON-25 TUE-26 WED-27 THU-28 FRI-29 SAT-30 SUN-31

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 25	TUESDAY - 26	WEDNESDAY - 27	THURSDAY - 28	FRIDAY - 29	SATURDAY - 30	SUNDAY - 31	NOTES
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HOW TO USE
WELCOME NOTE
PROGRAM
PRESEN-TERS
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NOV '27
DEC '27
JAN '28
DIR

FEBRUARY

2027

FEBRUARY

2027

MON	TUE	WED	THU	FRI	SAT	SUN
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IMPORTANT

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HOW TO USE
WELCOME NOTE
PROGRAM
PRESEN-TERS
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SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

FEBRUARY MON-1 TUE-2 WED-3 THU-4 FRI-5 SAT-6 SUN-7

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 1	TUESDAY - 2	WEDNESDAY - 3	THURSDAY - 4
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	FRIDAY - 5	SATURDAY - 6	SUNDAY - 7	NOTES
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HOW TO USE
WELCOME NOTE
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OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

FEBRUARY MON-8 TUE-9 WED-10 THU-11 FRI-12 SAT-13 SUN-14

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 8	TUESDAY - 9	WEDNESDAY - 10	THURSDAY - 11	FRIDAY - 12	SATURDAY - 13	SUNDAY - 14	NOTES
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HOW TO USE
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JUL '27
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SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

FEBRUARY MON-15 TUE-16 WED-17 THU-18 FRI-19 SAT-20 SUN-21

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 15	TUESDAY - 16	WEDNESDAY - 17	THURSDAY - 18	FRIDAY - 19	SATURDAY - 20	SUNDAY - 21	NOTES
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HOW TO USE
WELCOME NOTE
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AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

FEBRUARY MON-22 TUE-23 WED-24 THU-25 FRI-26 SAT-27 SUN-28

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 22	TUESDAY - 23	WEDNESDAY - 24	THURSDAY - 25
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	FRIDAY - 26	SATURDAY - 27	SUNDAY - 28	NOTES
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HOW TO USE
WELCOME NOTE
PROGRAM
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OCT '27
NOV '27
DEC '27
JAN '28
DIR

MARCH

2027

MARCH

2027

MON	TUE	WED	THU	FRI	SAT	SUN
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IMPORTANT

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HOW TO USE
WELCOME NOTE
PROGRAM
PRESEN-TERS
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AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

MARCH MON-1 TUE-2 WED-3 THU-4 FRI-5 SAT-6 SUN-7

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 1	TUESDAY - 2	WEDNESDAY - 3	THURSDAY - 4
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	FRIDAY - 5	SATURDAY - 6	SUNDAY - 7	NOTES
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HOW TO USE
WELCOME NOTE
PROGRAM
PRESEN-TERS
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OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

MARCH MON-8 TUE-9 WED-10 THU-11 FRI-12 SAT-13 SUN-14

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 8	TUESDAY - 9	WEDNESDAY - 10	THURSDAY - 11	FRIDAY - 12	SATURDAY - 13	SUNDAY - 14	NOTES
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HOW TO USE
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SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

MARCH MON-15 TUE-16 WED-17 THU-18 FRI-19 SAT-20 SUN-21

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 15	TUESDAY - 16	WEDNESDAY - 17	THURSDAY - 18	FRIDAY - 19	SATURDAY - 20	SUNDAY - 21	NOTES
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HOW TO USE
WELCOME NOTE
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PRESEN-TERS
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JUN '27
JUL '27
AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

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WEEK OF

MARCH MON-22 TUE-23 WED-24 THU-25 FRI-26 SAT-27 SUN-28

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 22	TUESDAY - 23	WEDNESDAY - 24	THURSDAY - 25	FRIDAY - 26	SATURDAY - 27	SUNDAY - 28	NOTES
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HOW TO USE
WELCOME NOTE
PROGRAM
PRESEN-TERS
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JAN '28
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APRIL

2027

APRIL

2027

MON	TUE	WED	THU	FRI	SAT	SUN
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IMPORTANT

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WEEK OF

MARCH MON-29 TUE-30 WED-31 **APRIL** THU-1 FRI-2 SAT-3 SUN-4

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 29	TUESDAY - 30	WEDNESDAY - 31	THURSDAY - 1
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	FRIDAY - 2	SATURDAY - 3	SUNDAY - 4	NOTES
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WEEK OF

APRIL MON-5 TUE-6 WED-7 THU-8 FRI-9 SAT-10 SUN-11

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 5	TUESDAY - 6	WEDNESDAY - 7	THURSDAY - 8
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	FRIDAY - 9	SATURDAY - 10	SUNDAY - 11	NOTES
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HOW TO USE
WELCOME NOTE
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AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

APRIL MON-12 TUE-13 WED-14 THU-15 FRI-16 SAT-17 SUN-18

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 12	TUESDAY - 13	WEDNESDAY - 14	THURSDAY - 15
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	FRIDAY - 16	SATURDAY - 17	SUNDAY - 18	NOTES
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HOW TO USE
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AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

APRIL MON-19 TUE-20 WED-21 THU-22 FRI-23 SAT-24 SUN-25

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 19	TUESDAY - 20	WEDNESDAY - 21	THURSDAY - 22	FRIDAY - 23	SATURDAY - 24	SUNDAY - 25	NOTES
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HOW TO USE
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OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

APRIL MON-26 TUE-27 WED-28 THU-29 FRI-30 **MAY** SAT-1 SUN-2

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 26	TUESDAY - 27	WEDNESDAY - 28	THURSDAY - 29	FRIDAY - 30	SATURDAY - 1	SUNDAY - 2	NOTES
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HOW TO USE
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OCT '27
NOV '27
DEC '27
JAN '28
DIR

MAY

2027

MAY

2027

MON	TUE	WED	THU	FRI	SAT	SUN
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24	25	26	27	28	29	30
31						

IMPORTANT

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HOW TO USE
WELCOME NOTE
PROGRAM
PRESEN-TERS
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JUL '27
AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

MAY MON-3 TUE-4 WED-5 THU-6 FRI-7 SAT-8 SUN-9

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

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	FRIDAY - 7	SATURDAY - 8	SUNDAY - 9	NOTES
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HOW TO USE | WELCOME NOTE | PROGRAM | PRESEN-TERS | 2026 | 2027 | 2028 | OCT '26 | NOV '26 | DEC '26 | JAN '27 | FEB '27 | MAR '27 | APR '27 | MAY '27 | JUN '27 | JUL '27 | AUG '27 | SEP '27 | OCT '27 | NOV '27 | DEC '27 | JAN '28 | DIR

WEEK OF

MAY MON-10 TUE-11 WED-12 THU-13 FRI-14 SAT-15 SUN-16

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 10	TUESDAY - 11	WEDNESDAY - 12	THURSDAY - 13	FRIDAY - 14	SATURDAY - 15	SUNDAY - 16	NOTES
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HOW TO USE
WELCOME NOTE
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PRESEN-TERS
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OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

MAY MON-17 TUE-18 WED-19 THU-20 FRI-21 SAT-22 SUN-23

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 17	TUESDAY - 18	WEDNESDAY - 19	THURSDAY - 20	FRIDAY - 21	SATURDAY - 22	SUNDAY - 23	NOTES
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HOW TO USE
WELCOME NOTE
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OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

MAY	MON-24	TUE-25	WED-26	THU-27	FRI-28	SAT-29	SUN-30

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 24	TUESDAY - 25	WEDNESDAY - 26	THURSDAY - 27	FRIDAY - 28	SATURDAY - 29	SUNDAY - 30	NOTES
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HOW TO USE
WELCOME NOTE
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JAN '28
DIR

JUNE

2027

JUNE

2027

MON	TUE	WED	THU	FRI	SAT	SUN
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HOW TO USE
WELCOME NOTE
PROGRAM
PRESEN-TERS
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JUL '27
AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

MAY MON-31 **JUNE** TUE-1 WED-2 THU-3 FRI-4 SAT-5 SUN-6

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 31	TUESDAY - 1	WEDNESDAY - 2	THURSDAY - 3	FRIDAY - 4	SATURDAY - 5	SUNDAY - 6	NOTES
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HOW TO USE
WELCOME NOTE
PROGRAM
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NOV '27
DEC '27
JAN '28
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WEEK OF

JUNE MON-7 TUE-8 WED-9 THU-10 FRI-11 SAT-12 SUN-13

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 7	TUESDAY - 8	WEDNESDAY - 9	THURSDAY - 10
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	FRIDAY - 11	SATURDAY - 12	SUNDAY - 13	NOTES
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HOW TO USE
WELCOME NOTE
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PRESEN-TERS
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SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

JUNE MON-14 TUE-15 WED-16 THU-17 FRI-18 SAT-19 SUN-20

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 14	TUESDAY - 15	WEDNESDAY - 16	THURSDAY - 17	FRIDAY - 18	SATURDAY - 19	SUNDAY - 20	NOTES
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HOW TO USE
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OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

JUNE MON-21 TUE-22 WED-23 THU-24 FRI-25 SAT-26 SUN-27

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 21	TUESDAY - 22	WEDNESDAY - 23	THURSDAY - 24	FRIDAY - 25	SATURDAY - 26	SUNDAY - 27	NOTES
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HOW TO USE
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SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

JULY

2027

JULY

2027

MON	TUE	WED	THU	FRI	SAT	SUN
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IMPORTANT

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WEEK OF

JUNE MON-28 TUE-29 WED-30 **JULY** THU-1 FRI-2 SAT-3 SUN-4

PRIORITIES

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TO-DO LIST

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 28	TUESDAY - 29	WEDNESDAY - 30	THURSDAY - 1
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	FRIDAY - 2	SATURDAY - 3	SUNDAY - 4	NOTES
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HOW TO USE
WELCOME NOTE
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AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

JULY MON-5 TUE-6 WED-7 THU-8 FRI-9 SAT-10 SUN-11

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 5	TUESDAY - 6	WEDNESDAY - 7	THURSDAY - 8
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	FRIDAY - 9	SATURDAY - 10	SUNDAY - 11	NOTES
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HOW TO USE
WELCOME NOTE
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JUN '27
JUL '27
AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

JULY MON-12 TUE-13 WED-14 THU-15 FRI-16 SAT-17 SUN-18

PRIORITIES

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	MONDAY - 12	TUESDAY - 13	WEDNESDAY - 14	THURSDAY - 15
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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	FRIDAY - 16	SATURDAY - 17	SUNDAY - 18	NOTES
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HOW TO USE
WELCOME NOTE
PROGRAM
PRESEN-TERS
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OCT '27
NOV '27
DEC '27
JAN '28
DIR

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WEEK OF

JULY MON-19 TUE-20 WED-21 THU-22 FRI-23 SAT-24 SUN-25

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 19	TUESDAY - 20	WEDNESDAY - 21	THURSDAY - 22	FRIDAY - 23	SATURDAY - 24	SUNDAY - 25	NOTES
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HOW TO USE
WELCOME NOTE
PROGRAM
PRESEN-TERS
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SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

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NEXT PAGE »

WEEK OF

JULY MON-26 TUE-27 WED-28 THU-29 FRI-30 SAT-31 **AUGUST** SUN-1

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 26	TUESDAY - 27	WEDNESDAY - 28	THURSDAY - 29	FRIDAY - 30	SATURDAY - 31	SUNDAY - 1	NOTES
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HOW TO USE
WELCOME NOTE
PROGRAM
PRESEN-TERS
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JUN '27
JUL '27
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SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

AUGUST

2027

AUGUST

2027

MON	TUE	WED	THU	FRI	SAT	SUN
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

IMPORTANT

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HOW TO USE
WELCOME NOTE
PROGRAM
PRESEN-TERS
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JUL '27
AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

AUGUST MON-2 TUE-3 WED-4 THU-5 FRI-6 SAT-7 SUN-8

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

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	FRIDAY - 6	SATURDAY - 7	SUNDAY - 8	NOTES
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WEEK OF

AUGUST MON-9 TUE-10 WED-11 THU-12 FRI-13 SAT-14 SUN-15

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 9	TUESDAY - 10	WEDNESDAY - 11	THURSDAY - 12	FRIDAY - 13	SATURDAY - 14	SUNDAY - 15	NOTES
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HOW TO USE | WELCOME NOTE | PROGRAM | PRESEN-TERS | 2026 | 2027 | 2028 | OCT '26 | NOV '26 | DEC '26 | JAN '27 | FEB '27 | MAR '27 | APR '27 | MAY '27 | JUN '27 | JUL '27 | AUG '27 | SEP '27 | OCT '27 | NOV '27 | DEC '27 | JAN '28 | DIR

WEEK OF

AUGUST MON-16 TUE-17 WED-18 THU-19 FRI-20 SAT-21 SUN-22

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 16	TUESDAY - 17	WEDNESDAY - 18	THURSDAY - 19	FRIDAY - 20	SATURDAY - 21	SUNDAY - 22	NOTES
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HOW TO USE
WELCOME NOTE
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PRESEN-TERS
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MAY '27
JUN '27
JUL '27
AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

AUGUST MON-23 TUE-24 WED-25 THU-26 FRI-27 SAT-28 SUN-29

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 23	TUESDAY - 24	WEDNESDAY - 25	THURSDAY - 26	FRIDAY - 27	SATURDAY - 28	SUNDAY - 29	NOTES
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HOW TO USE
WELCOME NOTE
PROGRAM
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MAY '27
JUN '27
JUL '27
AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

SEPTEMBER

2027

SEPTEMBER

2027

MON	TUE	WED	THU	FRI	SAT	SUN
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20	21	22	23	24	25	26
27	28	29	30			

IMPORTANT

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WEEK OF

AUGUST MON-30 TUE-31 **SEPTEMBER** WED-1 THU-2 FRI-3 SAT-4 SUN-5

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 30	TUESDAY - 31	WEDNESDAY - 1	THURSDAY - 2
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	FRIDAY - 3	SATURDAY - 4	SUNDAY - 5	NOTES
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HOW TO USE | WELCOME NOTE | PROGRAM | PRESEN-TERS | 2026 | 2027 | 2028 | OCT '26 | NOV '26 | DEC '26 | JAN '27 | FEB '27 | MAR '27 | APR '27 | MAY '27 | JUN '27 | JUL '27 | AUG '27 | SEP '27 | OCT '27 | NOV '27 | DEC '27 | JAN '28 | DIR

WEEK OF

SEPTEMBER MON-6 TUE-7 WED-8 THU-9 FRI-10 SAT-11 SUN-12

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 6	TUESDAY - 7	WEDNESDAY - 8	THURSDAY - 9	FRIDAY - 10	SATURDAY - 11	SUNDAY - 12	NOTES
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HOW TO USE
WELCOME NOTE
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PRESEN-TERS
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SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

SEPTEMBER MON-13 TUE-14 WED-15 THU-16 FRI-17 SAT-18 SUN-19

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 13	TUESDAY - 14	WEDNESDAY - 15	THURSDAY - 16	FRIDAY - 17	SATURDAY - 18	SUNDAY - 19	NOTES
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HOW TO USE
WELCOME NOTE
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JUL '27
AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

SEPTEMBER MON-20 TUE-21 WED-22 THU-23 FRI-24 SAT-25 SUN-26

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 20	TUESDAY - 21	WEDNESDAY - 22	THURSDAY - 23
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	FRIDAY - 24	SATURDAY - 25	SUNDAY - 26	NOTES
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WEEK OF

SEPTEMBER MON-27 TUE-28 WED-29 THU-30 **OCTOBER** FRI-1 SAT-2 SUN-3

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 27	TUESDAY - 28	WEDNESDAY - 29	THURSDAY - 30	FRIDAY - 1	SATURDAY - 2	SUNDAY - 3	NOTES
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HOW TO USE
WELCOME NOTE
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PRESEN-TERS
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DEC '27
JAN '28
DIR

OCTOBER

2027

OCTOBER

2027

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IMPORTANT

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HOW TO USE
WELCOME NOTE
PROGRAM
PRESEN-TERS
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MAY '27
JUN '27
JUL '27
AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

OCTOBER MON-4 TUE-5 WED-6 THU-7 FRI-8 SAT-9 SUN-10

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 4	TUESDAY - 5	WEDNESDAY - 6	THURSDAY - 7	FRIDAY - 8	SATURDAY - 9	SUNDAY - 10	NOTES
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HOW TO USE
WELCOME NOTE
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PRESEN-TERS
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JUN '27
JUL '27
AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

OCTOBER MON-11 TUE-12 WED-13 THU-14 FRI-15 SAT-16 SUN-17

PRIORITIES

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	MONDAY - 11	TUESDAY - 12	WEDNESDAY - 13	THURSDAY - 14
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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	FRIDAY - 15	SATURDAY - 16	SUNDAY - 17	NOTES
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HOW TO USE
WELCOME NOTE
PROGRAM
PRESEN-TERS
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JUN '27
JUL '27
AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

« PREVIOUS PAGE
NEXT PAGE »

WEEK OF

OCTOBER MON-18 TUE-19 WED-20 THU-21 FRI-22 SAT-23 SUN-24

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 18	TUESDAY - 19	WEDNESDAY - 20	THURSDAY - 21	FRIDAY - 22	SATURDAY - 23	SUNDAY - 24	NOTES
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HOW TO USE
WELCOME NOTE
PROGRAM
PRESEN-TERS
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OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

OCTOBER MON-25 TUE-26 WED-27 THU-28 FRI-29 SAT-30 SUN-31

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 25	TUESDAY - 26	WEDNESDAY - 27	THURSDAY - 28	FRIDAY - 29	SATURDAY - 30	SUNDAY - 31	NOTES
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HOW TO USE | WELCOME NOTE | PROGRAM | PRESEN-TERS | 2026 | 2027 | 2028 | OCT '26 | NOV '26 | DEC '26 | JAN '27 | FEB '27 | MAR '27 | APR '27 | MAY '27 | JUN '27 | JUL '27 | AUG '27 | SEP '27 | OCT '27 | NOV '27 | DEC '27 | JAN '28 | DIR

NOVEMBER

2027

NOVEMBER

2027

MON	TUE	WED	THU	FRI	SAT	SUN
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22	23	24	25	26	27	28
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HOW TO USE
WELCOME NOTE
PROGRAM
PRESEN-TERS
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SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

NOVEMBER MON-1 TUE-2 WED-3 THU-4 FRI-5 SAT-6 SUN-7

PRIORITIES

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TO-DO LIST

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 1	TUESDAY - 2	WEDNESDAY - 3	THURSDAY - 4
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	FRIDAY - 5	SATURDAY - 6	SUNDAY - 7	NOTES
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HOW TO USE
WELCOME NOTE
PROGRAM
PRESEN-TERS
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MAY '27
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JUL '27
AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

NOVEMBER MON-8 TUE-9 WED-10 THU-11 FRI-12 SAT-13 SUN-14

PRIORITIES

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TO-DO LIST

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 8	TUESDAY - 9	WEDNESDAY - 10	THURSDAY - 11	FRIDAY - 12	SATURDAY - 13	SUNDAY - 14	NOTES
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HOW TO USE
WELCOME NOTE
PROGRAM
PRESEN-TERS
2026
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JUL '27
AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

NOVEMBER MON-15 TUE-16 WED-17 THU-18 FRI-19 SAT-20 SUN-21

PRIORITIES

1.
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3.
4.
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TO-DO LIST

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 15	TUESDAY - 16	WEDNESDAY - 17	THURSDAY - 18	FRIDAY - 19	SATURDAY - 20	SUNDAY - 21	NOTES
6								
7								
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HOW TO USE
WELCOME NOTE
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MAY '27
JUN '27
JUL '27
AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

NOVEMBER MON-22 TUE-23 WED-24 THU-25 FRI-26 SAT-27 SUN-28

PRIORITIES

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TO-DO LIST

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 22	TUESDAY - 23	WEDNESDAY - 24	THURSDAY - 25	FRIDAY - 26	SATURDAY - 27	SUNDAY - 28	NOTES
6								
7								
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12								
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HOW TO USE
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MAY '27
JUN '27
JUL '27
AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

DECEMBER

2027

DECEMBER

2027

MON	TUE	WED	THU	FRI	SAT	SUN
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

IMPORTANT

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WEEK OF

NOVEMBER MON-29 TUE-30 **DECEMBER** WED-1 THU-2 FRI-3 SAT-4 SUN-5

PRIORITIES

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TO-DO LIST

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 29	TUESDAY - 30	WEDNESDAY - 1	THURSDAY - 2	FRIDAY - 3	SATURDAY - 4	SUNDAY - 5	NOTES
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HOW TO USE
WELCOME NOTE
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JUN '27
JUL '27
AUG '27
SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

« PREVIOUS PAGE
NEXT PAGE »

WEEK OF

DECEMBER MON-6 TUE-7 WED-8 THU-9 FRI-10 SAT-11 SUN-12

PRIORITIES

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TO-DO LIST

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 6	TUESDAY - 7	WEDNESDAY - 8	THURSDAY - 9	FRIDAY - 10	SATURDAY - 11	SUNDAY - 12	NOTES
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HOW TO USE
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SEP '27
OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

DECEMBER MON-13 TUE-14 WED-15 THU-16 FRI-17 SAT-18 SUN-19

PRIORITIES

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TO-DO LIST

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 13	TUESDAY - 14	WEDNESDAY - 15	THURSDAY - 16	FRIDAY - 17	SATURDAY - 18	SUNDAY - 19	NOTES
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HOW TO USE
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DEC '27
JAN '28
DIR

WEEK OF

DECEMBER MON-20 TUE-21 WED-22 THU-23 FRI-24 SAT-25 SUN-26

PRIORITIES

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TO-DO LIST

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 20	TUESDAY - 21	WEDNESDAY - 22	THURSDAY - 23	FRIDAY - 24	SATURDAY - 25	SUNDAY - 26	NOTES
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HOW TO USE
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OCT '27
NOV '27
DEC '27
JAN '28
DIR

WEEK OF

DECEMBER MON-27 TUE-28 WED-29 THU-30 FRI-31 **JANUARY** SAT-1 SUN-2

PRIORITIES

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AFFIRMATION OF THE WEEK

WINS OF THE WEEK

GRATEFUL FOR

	MONDAY - 27	TUESDAY - 28	WEDNESDAY - 29	THURSDAY - 30	FRIDAY - 31	SATURDAY - 1	SUNDAY - 2	NOTES
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NOV '27
DEC '27
JAN '28
DIR

JANUARY

2028

JANUARY

2028

MON	TUE	WED	THU	FRI	SAT	SUN
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

IMPORTANT

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NOTES

PASASALAMAT · GRATITUDE

Mga Tagapagtaguyod · Our Sponsors

Maraming salamat po

Thank you very much

This planner, and the gathering that brought us together, were made possible by the Filipino businesses and the friends of our community on the pages that follow.

They believed in our very first event, and their support brings us one step closer to a community center for Queens' Filipino community.

Tap any sponsor's website or social link to visit them.

Taos-pusong pasasalamat.

With heartfelt gratitude.

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BAHAY HILOM

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- Graduation dinner
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- Check-out: May 3, 2027
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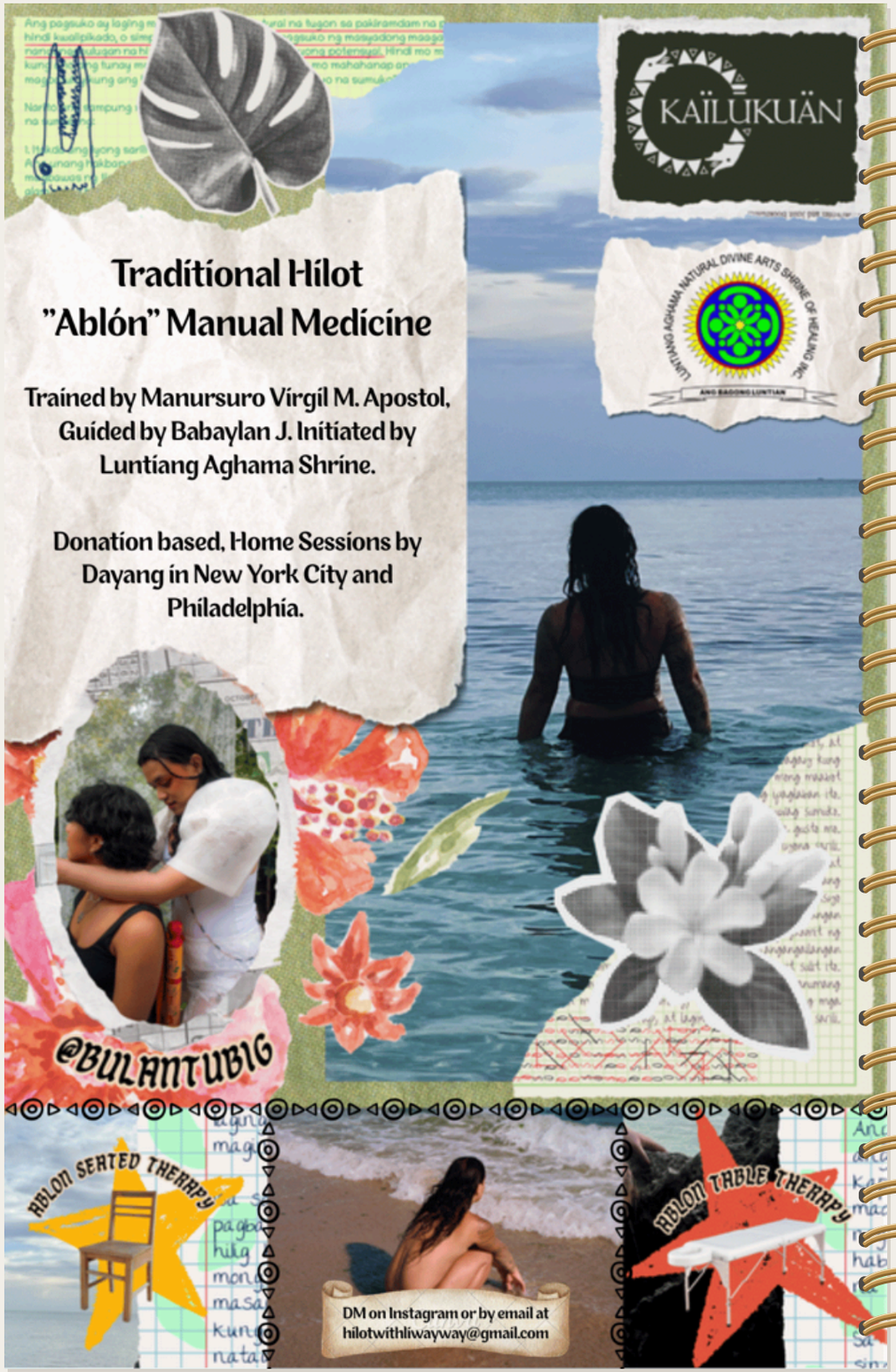
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